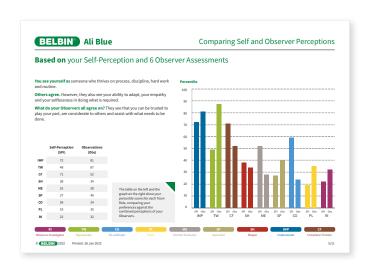


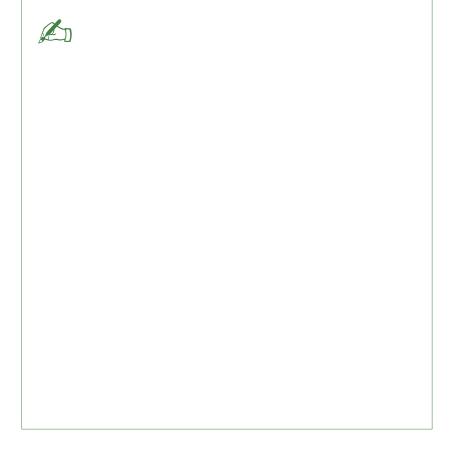
Belbin Team Role reports are designed to help individuals and teams understand the behavioural characteristics people can display when working in teams. Each Belbin Team Role offers a different style of contribution to the team. With an understanding of these styles, you and your team can work and interact more effectively. This exercise is aimed to give you a better understanding of the contributions you make to the team.

1. Enhancing Self-Awareness

On the report page, Comparing Self and Observer Perceptions, look at the three highest 'SPI' (Self-Perception Inventory) bars. Are these roles also high on the 'Obs' (Observer) bars? Can you think of an explanation for any discrepancies?

Look at the top three Observer bars. Do you agree you have strengths in these roles? Write down what this may mean about your style and how you think your work colleagues view you.



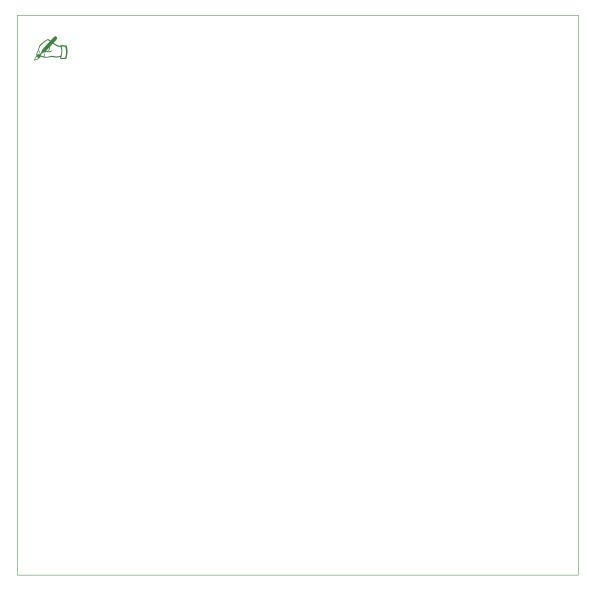




2. Improving Personal Effectiveness

On the Team Roles in a Ranked Order report, look at 'Your Overall Team Role Composition' and consider the top two Team Roles. Then read the Team Role Feedback report. Now discuss how you would like to develop your work and/or management style based on the above information.

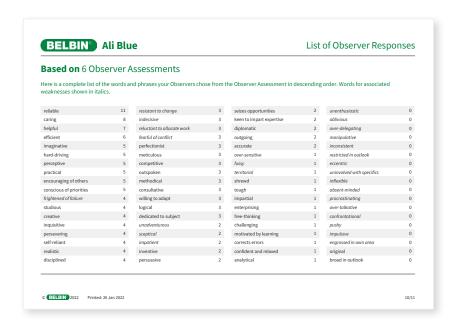


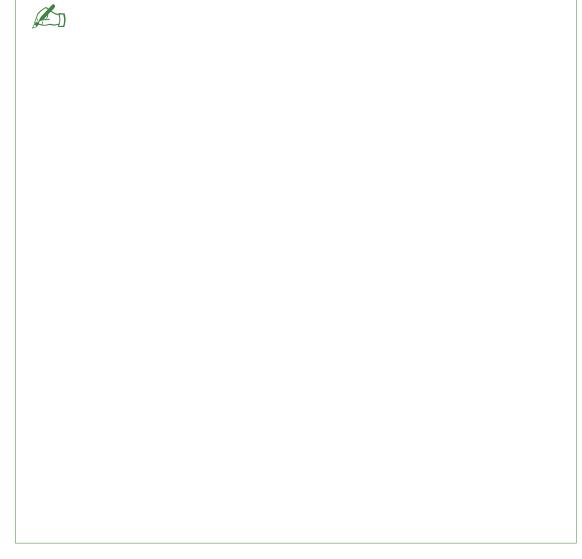




2. Improving Personal Effectiveness (cont.)

On the **List of Observer Responses** report, look at the top 6 words. These are the behaviours which your Observers see you display most frequently. Discuss briefly how you are going to use the strengths to advantage and how you might minimise any associated weaknesses.

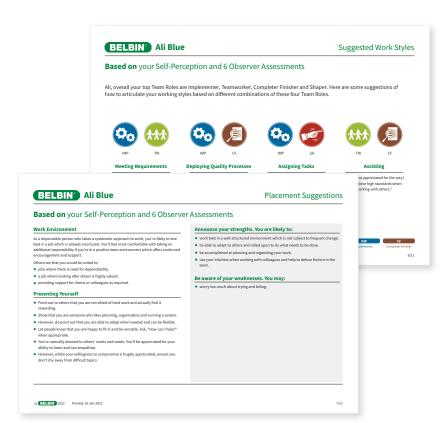


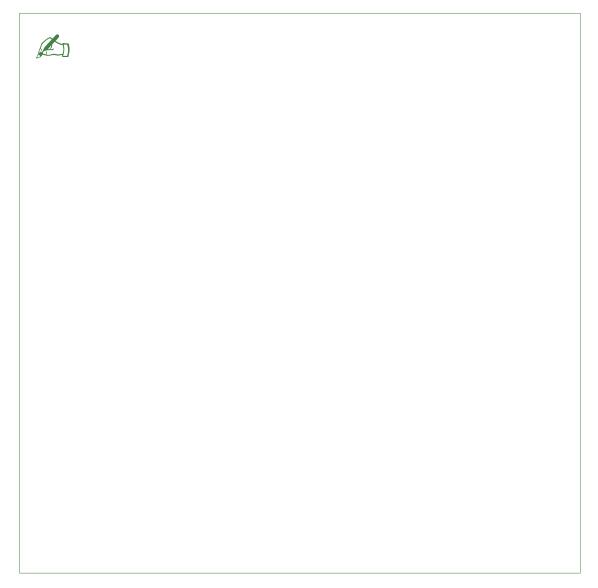




2. Improving Personal Effectiveness (cont.)

Look at the Placement Suggestions and Suggested Work Styles reports. Do you agree with the content? How can you use these comments and suggestions to develop in your current job role?

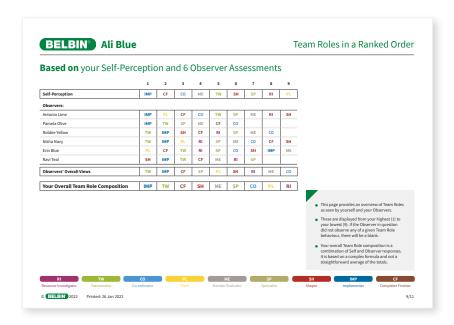






3. Improving Team Effectiveness

On the Team Roles in a Ranked Order report, look at which Team Role is in 9th place on your Self-Perception. Now look at where this Team Role comes in the 'Observers' Overall View'. Finally, look at the bottom role on 'Your Overall Team Role Composition'. Which Team Role do you consider you are least likely to take on? Write it down. Now explain how you can ensure that your weakest role is covered. Are there others who have strengths complementary to yours?







3. Improving Team Effectiveness (cont.)

The next step is to share your Team Role profile with other members of the team and encourage them to do the same. Bear in mind that we all have different strengths and weaknesses. Identify these and put this information to good use by noting down how the team can use the strengths to advantage and compensate for any weaknesses.

Finally, bear in mind that Belbin Team Roles are looking at behaviour and not personality. Your accompanying report is only valid for the team you are in at the moment. When you are in a different team, you may need to adjust your roles accordingly. It is, of course, dependent upon who else is in the team and what the team is trying to achieve.

