

## **Session Idea:** The Belbin® Team Role Circle

**OBJECTIVE:** To share top Team Roles within the team and highlight potential strengths and weaknesses. By the end of the session, the team will have a clearer insight into both individual and collective contributions, leading to more effective working practices.

#### Method

Divide participants into 'teams' of approximately five or six. (If you're working with a real team, it may be best not to split it up, unless it is a large team that naturally breaks into smaller sub-teams.)

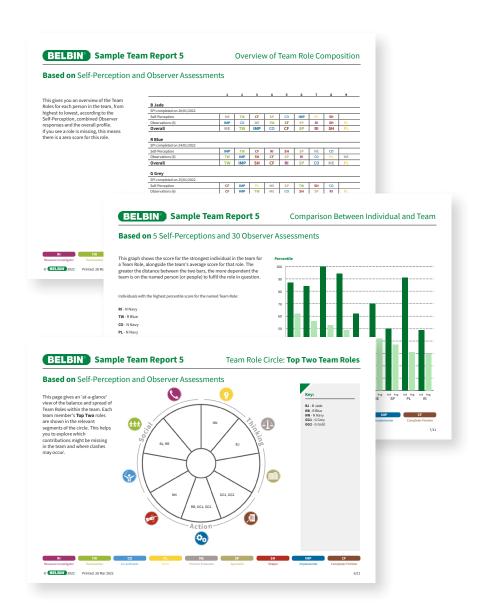
Ask each team to draw the Belbin Team Role Circle on a flipchart and to enter their names or initials in the segments that correspond to their top two Team Roles. (They can find these on the 'Team Role Feedback' page of their Individual report.)

Once names have been entered, encourage discussion and analysis of the findings. Using their newly-acquired knowledge of Team Roles, ask participants to come up with a list of five strengths of the team, and five possible weaknesses.

This may include statements such as: "We have three Teamworkers and no Shapers. This means that we are at risk of losing direction and focus. However, the atmosphere within the team is likely to be very supportive."

On completion of this exercise, ask participants to take three action points from their discussions to increase the team's effectiveness.

**SHORTCUT:** The Belbin Team Role Circle is part of the Belbin Team Report, which can be purchased and run after Individual reports have been completed.





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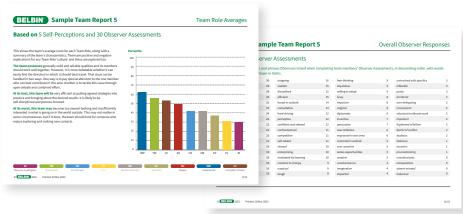
To help participants see how well team members work together on a task, introduce an exercise or game. The Belbin game, Contribute, has been designed to show Team Roles in action and help embed learning.

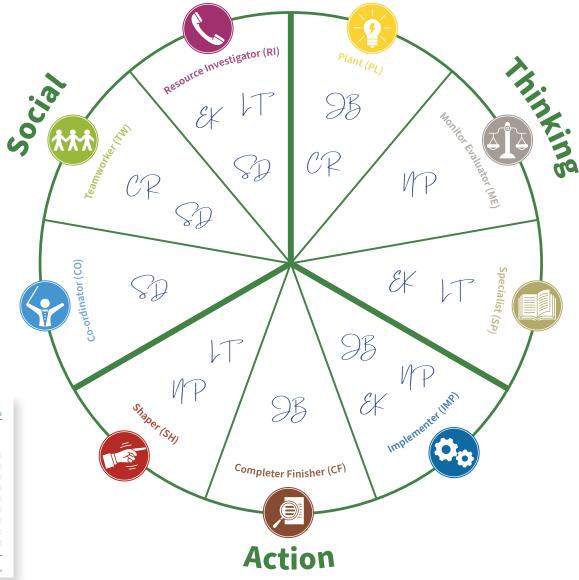
### This is just the beginning...

Now you can see the team's strengths at a glance, but the reality of Team Role balance can be more complex and nuanced than this. For example, does your team contain Strong Examples of particular Team Roles or are some people placed in a Team Role segment 'by default'? Which roles are needed for the kind of work your team is doing?

Often, this exercise leads to deeper discussions about how a team functions. If you'd like an experienced Belbin facilitator to guide your team through this exercise as part of a bespoke workshop, please contact team@belbin.com and we'll be happy to advise.

Alternatively, why not become Belbin Accredited?







# Handout: The Belbin® Team Role Circle

**Team Strengths:** 



1)						
2)						
3)						
4)						
5)						
Team Weaknesses:						
Team	Weakn	esses:				
<b>Team</b> 1)	Weakn	esses:				
	Weakn	esses:				
1)	Weakn	esses:				
2)	Weakn	esses:				



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#### **Action Points:**

1) 2) 3) The only sanctioned way of finding out your Belbin® Team Role strengths and weaknesses is by completing the official Belbin® Self-Perception Inventory online, and receiving a Belbin® Individual report.

Over 3 million Belbin® reports have been generated worldwide for individuals, managers, teams and organisations.

We can help you every step of the way.

Contact us at belbin.com to start your Belbin® journey. belbin.com | team@belbin.com | +44 (0) 1223 264975

